

The Ladybug Project Inc. Ghana Internship Program

Dear Potential Intern,

Thank you for your interest in The Ladybug Project Inc. Ghana internship program! The Ladybug Project Inc. is an organization that advances education and healthcare in Africa, and through our Education Internships and AIDS awareness internship YOU can make a difference!

Through our highly selective internship programs, in partnership with the Bediako YouthAid Foundation (incorporated in the Republic of Ghana, Company Code 1963, registered August 31st, 2006), you will have the opportunity to learn critical project management skills, about education in developing countries, build a career foundation in development and international aid work, and even branch out into other projects of your choosing.

We are looking for interns aged 21 and older intent on moving forward in the fields of education, healthcare, or international development and relations; a strong belief in community participation and grassroots advancement; ability to work with a multi-cultural team and in a developing country; and some prior experience working or living overseas.

We do not accept everyone to our internship, as we seek only the most committed volunteers for our Ghanaian project sites. In addition, we ask that interns plan on spending a minimum of three months with our organization, however, shorter internships will be considered on a case-by-case basis.

If you wish to apply to our internship program, please read the following packet and submit a resume and cover letter to our Executive Director (Kim Reuter) at kereuter@theladybugproject.com.

Thank you, again, for your interest in The Ladybug Project Inc. internship program in Ghana. If you have any questions, please call Kim Reuter at 850-320-3237 or email kereuter@theladybugproject.com

Best regards,

Kim Reuter, Executive Director
Email: kereuter@theladybugproject.com
Phone: 850-320-3237
Website: www.theladybugproject.com

BEDIAKO YOUTHAID

LADYBUG PROJECT INC GHANA Internship

Connecting
Communities Across
the World.



Join us in Ghana and make a difference.

The Bediako YouthAid Foundation is a non-profit NGO which was first founded in 1990 in the suburbs of Accra, Ghana. The Bediako YouthAid Foundation describes its main program goal as being:

"A long-term youth exchange, which is founded on principles of global education and intercultural

learning. Through volunteer, intern, and other non-formal education opportunities, the program aims to address social and educational needs of today's youth by enhancing young people's sensitivity towards social and cultural differences."

In the past, the Foundation has focused on using football (soccer) to reach

out to the Ghanaian youth, in addition to HIV/AIDS and Hepatitis B awareness campaigns, and various education enhancement programs.

Jasikan District. West Africa.

The Ladybug Project Inc. and Bediako YouthAid Foundation internships are based based in the Jasikan District of Ghana, in towns of Okadjakrom, Jasikan, and Atonko.

Jasikan has a lot to offer visitors including a monkey sanctuary, waterfalls, and other tourism opportunities. The Bediako YouthAid Foundation has a partner tour company and will be happy to organize excursions for you, especially to the Central, Ashanti, and Northern regions of the country.

The Ladybug Project Inc. functions to work as a liaison between interns and the Bediako YouthAid Foundation, and once in Ghana, interns are hosted by individuals of the Bediako YouthAid Foundation.

Our on-the-ground internships are designed to give motivated individuals the chance to actively participate in education

and healthcare advancement projects in Ghana, and are designed for students or young professionals who are ready to embrace the challenge of working in a developing country.

Interns who work successfully with The Ladybug Project Inc. are encouraged to consider advancing within The Ladybug Project Inc. organization, and we hope that you consider moving forward in your career with us.



Education Internships Inspire the future.

Do you work well with children? Do you feel that you could inspire rural communities to dream for a better life? Come join us for our educational internships!

If accepted to the program, interns are placed into Jasikan area primary and secondary schools where they will teach Basic English and Math to children and young adults, who may not have had access to education at a young age. In fact, you don't even have to be a teacher to take part! Open to motivated volunteers of all backgrounds, you will be mentored by a local teacher and given responsibilities as you become comfortable with your placement.

Local Ghanaian students love being taught by Europeans or Americans, and not only will the intern be filling a much needed spot on the staff of a local school, but they will inspire children to attend class and pursue higher education. Volunteer teachers will be asked to work Monday through Friday from 8am to 2pm (lunch break at noon). During these breaks, volunteers will have time to play and interact with the pupils, as well as plan for future lessons.

On any given day, you will usually work in timetabled conversational English lessons. Sometimes (usually at a primary school) you are given



Founded in 2010, The Ladybug Project Inc. has reached over 2,000 students in Equatorial Guinea, Madagascar, and Ghana.

“When a foreigner is teaching, the students can't wait to come to class! Everyone is pushing to come to school, and the community thrives. The students feel hope.”

**Bernard Bediako-Nayo, Director
Bediako YouthAid Foundation**

your own class. Overall, you will usually be in lessons for about 20 hours a week. This may not sound like a lot – but you will need to prepare your lessons in your spare time.

If, like many volunteers, you feel a little unsure about teaching an English class, you will be given a great deal of help. Once you are at your placement, you will have the full support of your supervisor (usually an English teacher at the school). In addition, you will be briefed and given resources before you begin teaching English.

Education interns will be asked to begin the internship with the start of the Ghanaian school semester.

Health Educator Internships Change Ghana.

Are you touched by images of developing countries, but you would like to work outside the classroom? Apply for one our Health Educator Internships!

In Ghana an HIV/AIDS epidemic rages and most people have little or no knowledge at all about the disease. In fact, most do not know that contraceptives exist, and even worse, do not have access to them. Our Health Educator internships will help create a change by educating in Jasikan-area communities.

Interns will work on a full-time basis, but are expected to be flexible. Workdays will be Monday through Friday and involve moving from school to school, community to community, delivering education and awareness regarding HIV/AIDS.

Initially, trained volunteers will visit schools and communities to seek permission from the governing bodies to carry out an advocacy program. Before the HIV/AIDS program is carried out there is an initial survey on the school/community to find out how much information they already know about the disease. This is used to determine the content of the program, as some schools/communities may have a greater knowledge than others and should therefore be taught more advanced topics.

Interns will then teach a short an HIV/AIDS program including educational sketches, talks on



Over 400,000 adults and children in Ghana are infected with the HIV virus.

HIV/AIDS prevention and tolerance, discussions, a video show, presentations and questionnaires. The program teaches its audience behavioral changes to reduce their risk of contracting HIV/AIDS and Hepatitis B.

With your help, we hope that at least 60% of the target audience will have learned and be practicing behavioral changes that will prevent the spread of

HIV/AIDS and Hepatitis B in Ghana.

With your dedication, we can make a difference.



JASIKA GHANA



Living and working in Jasika

Accommodation is provided by the Bediako YouthAid Foundation near the project sites.

Rented accommodation will include western-style amenities including running water, electricity, and internet connection. Home stays can be organized with local families, and will also include western-style amenities such as those

listed above. Please keep in mind that you are living in a developing country; utility outages should be expected and are a part of life.

Pictures of the accommodation can be emailed upon request!

The Jasikan area does feature an established public transportation system and taxis. Cell phone service consists of

pay-as-you-go phones (similar to the American Metro PCS company).

Program cost includes all food costs and a local in-house cook. Meals often include a starch (rice, plantains, or other grains), meat, and local vegetables.

Figures and Statistics Ghana.

Formerly under the rule of Britain, Ghana was the first sub-Saharan country in Africa to gain independence, and did so in March of 1957. After decades of political strife, a multiparty constitution was restored in 1992, with the current head of state, John Atta Mills being elected to power in 2009.

Ghana, a country just slightly smaller than the state of Oregon is bordered by Burkina Faso, Cote d'Ivoire, and Togo. In addition, Ghana shares the same time zone as that of the United Kingdom, and is therefore five hours ahead of Washington, DC.

With a climate that is warm and equatorial, it reaches from the Atlantic Ocean all the way to the tip of Mount Afadjato at a towering 885 meters.

As of 2011, Ghana is home to 24 million people, sixty percent of which are aged between 15 and 64 years. Just over half of the population lives in urban city centers, with a significant percentage of Ghana's people remaining in rural and mostly poor areas.

Of the Ghanaian people, 45 percent are of the Akan ethnic group, 15 percent are of the Mole-Dagbon group, 12 percent of the Ewe ethnic group, with the remaining 28 percent harking from a wide spectrum of backgrounds.

Ghanians do practice Western religions, with 69 percent claiming Christian beliefs, 16 percent adhering to Muslim religion, and 9 percent practicing traditional belief systems.

As a former British colony, English is an official government language, although only 37 percent of individuals can read and write English fluently. However, this likely underestimates the number of practicing English speakers, as literacy in general is estimated at 58 percent for the entire Ghanaian population. In 2009, the average number of years a Ghanaian spent in school was 10 years, as opposed to the American public school system which covers

12 years.

Poverty, while down in numbers, still plagues 28.5 percent of the population, and the average income in 2010 was 2,500 USD per person. With increased economic output, Ghana has stabilized itself in the international market since 2007, and the average exchange rate is now 1.43 GHC (cedis) to 1 USD.

Safety Ghana is currently a safe and stable country with relatively low crime rates as compared to other West African countries. With sensible precautions the country is secure and the people welcoming. The area of Jasika, while rural and poor, is not a tourist hotspot and is safe and open to foreigners.

There is a U.S. Embassy located in the capital of Ghana (Accra), which is approximately 3-4 hrs drive from Jasika, the region where The Ladybug Project Inc. internships take place. The U.S. Embassy does have emergency evacuation procedures and 24 hour contact information in the unlikely event that an unsavory situation would develop.

As of July 2011, there are no travel or security warnings for Accra, Ghana or the areas in which the internships will take place.

Petty crime constitutes the most common form of crime confronting visitors. In addition, credit card fraud is increasing, and can be avoided by withdrawing cash from banking facilities and completing transactions only in cash. The Ghanaian equivalent to the "911" emergency line is "191". Drug and narcotic use is highly frowned upon and can have severe legal consequences. Individuals interning with The Ladybug Project Inc. must sign a statement agreeing to abstain from non-prescription drug use.

For your information: Living and working in Ghana.

University Credit/Internship and Scholarships

We are thrilled to work with students who are trying to earn official university credits, internship hours, or scholarships and will assist in making sure that your requirements are met. Examples include travel scholarships provided by your home university as well as the Fulbright Program.

Flying to Ghana and Visa Requirements

A visa must be obtained in advance at a Ghanaian embassy. A list of embassies can be found online. A three-month, single-entry visa costs approximately 50 USD; a one-year, multiple-entry visa costs 80 USD. International flights enter the country at the Kotoka International airport at Accra (ACC). You will be picked up at the airport by an in-country YouthAid Foundation staff member, who will accompany you via ground transportation (bus) to Jasika (a 3 ½- 4 hour trip). US Airways, American Airlines, British Airways, and Virgin Atlantic are amongst carriers that frequent Accra, Ghana.

For more information on travel advisories and helpful tips, please visit the U.S. Department of State Website.

Health Issues and Vaccinations

There are three district hospitals and clinics in Jasika. Jasika is 3 ½-4 hours away from Accra by bus, where additional facilities exist. Malarial prophylactics are essential (as in much of Africa). Please consult a doctor for information on the appropriate course of the medicine to use. It is advised that you bring enough malarial medicine to cover the entirety of your trip. A yellow fever vaccination certificate is required at customs when entering the country. In addition, the following vaccinations are advised: Hepatitis A & B, Cholera, Typhoid Fever, and Meningitis. For up to date information please visit the Centers for Disease Control and Prevention website. It is advised that you bring additional medicines and light antibiotics (as prescribed by your doctor) with you when visiting the country.

A Ladybug Project Inc. Intern at a West African University (left), and an intern teaching in Jasika, Ghana (right).



Program costs. Ghana Internship.

The cost of the internship is \$650 per month, which includes all accommodation, work-related transportation, and food. In addition, a one-time administrative fee of \$130 is required by the Bediako YouthAid Foundation. This cost includes a hired cook for the entirety of the internship.

Individuals wishing to live with a host family will pay only \$600 per month. Please email for more details.

Interns are asked to cover the cost of transportation to Ghana as well as travel health insurance.

It should be noted that in order to take advantage of internet access in the accommodation, interns will need to purchase a small USB internet modem. These can be purchased in Ghana (your in-county contacts will be more than happy to help you!). These usually cost

approximately 35 USD when purchased in-country.

The length of the internship is unlimited, although we request a minimum stay of three months (especially for the educational internships).

A 20% forward payment is required in advance in order to reserve your spot and ensure appropriate accommodations. This payment can be made securely through The Ladybug Project Inc. website, although we ask that you please wait for instructions from our Executive Director.

The remainder of payment is made in Ghana to the Bediako YouthAid Foundation.

Interns teaching in the Jasika area.





“Never doubt that a small thoughtful group of concerned citizens can change the world. Indeed, it is the only thing that ever has.”

Margaret Mead



Contact us With your questions.

Questions? Please contact Kim Reuter via email (kereuter@theladybugproject.com) or via phone (US number: 1-850-320-3237).

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